



 **THE WATERMARK**  
AT ROSEWOOD GARDENS  
ASSISTED LIVING | MEMORY CARE

# REDEFINING SENIOR LIVING

Over 25 years of experience have taught us that today's seniors want more choices and are leading a more active lifestyle than generations before. That's why we created a community filled with options, from affordable studio apartments to spacious one-bedroom suites, great cuisine and fun events plus engaging mind and body fitness classes. It's all part of our culture of choice.

**IT'S NOT WHAT YOU'D EXPECT, AND THAT'S THE WHOLE POINT.**



- Elegant dining room
- Spacious lobby with slate fireplace
- Well-stocked library
- Full-service beauty salon and barber shop
- Rose lined outdoor patio dining
- Lush outdoor courtyards
- Computer center
- Wireless resident call system
- Wellness solarium with daily fitness classes

# WATERMARK UNIVERSITY

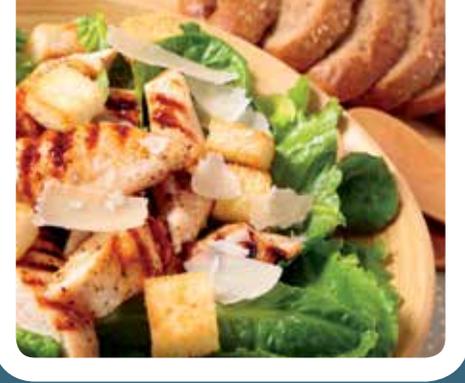
Stimulating the mind and strengthening the body has enormous benefits at any age. That's why, as part of Watermark Retirement Communities®, we created Watermark University. You'll love having unlimited access to all of our mind and body fitness classes just steps from your door. Our course catalog is chock full of fun classes from *Creative Cooking* to *Chair Tai Chi*, *Teas of the World* and dozens more, so you can learn (or teach) something new every day. These classes aren't just for residents. Call for your copy of our current course catalog and sign up for a class or two today.



- Walking Fit Club
- E-Readers Workshop
- Good Reads Book Club
- Creative Cooking
- Chair Tai Chi
- Teas of the World
- Basic Spanish

# AN OPTION FOR EVERY APPETITE

Dining at The Watermark at Rosewood Gardens might surprise you. In fact, we think you'll be amazed. Do you expect your meals to be prepared by a skilled chef in whites? Graciously served by friendly staff with impeccable attention to detail? This isn't a dining room in a retirement community, this is an evening spent at one of your favorite restaurants! Not in the mood for a sit down meal? Grab a quick bite and a coffee to go. At The Watermark, the choice is yours.



## **TODAY'S SELECTIONS:**

- Grilled Tilapia with Mango Salsa
- Cashew Chicken
- Ham with Raisin Sauce  
and Fresh Yams
- Salmon Caesar Salad
- Beef Piccata with Caper Sauce
- Rosewood Chicken Enchiladas
- Warm Apple Cobbler
- Pear á la Caramel

# ASSISTED LIVING



When it comes to Assisted Living, we're not what you'd expect. No cookie cutter apartments, monotonous call bells, stereotypical activities, annoying intercoms or associates in scrubs pushing medication carts. Here, you'll find meals cooked to order by a talented chef in whites and top notch care tailored to your needs, on your schedule – not ours. Our small size makes our community feel more like at a favorite Bed & Breakfast, filled with friendly people you know and trust.

Why wait to get a taste of The Watermark lifestyle? Try us out for a short-term stay. Enjoy a fully furnished apartment, fantastic food made just how you like it, outstanding care and assistance if and when you need it, and (perhaps the best part of all) fun with friendly neighbors. While you're here, why not treat yourself to a salon service and take a class or two?



Modern kitchenettes

Fountain views on select apartments

Three meals created daily by our expert chefs

Dynamic program calendar featuring Watermark University classes

A state-of-the-art wireless resident call system

Daily tidying and weekly housekeeping

Personal laundry and linen services

Transportation services

Senior wellness programs

Pet-friendly environment

# MEMORY CARE

When it comes to Memory Care, we're going to challenge all your expectations. We've created a positive, safe, residential environment with all the assistance you need and the best in memory care services. Just let us know your preferences for what, where, when and how and we'll take care of the details. And here, our encouraging associates always focus on what you *can* do, never what you cannot.



- Customized activity and wellness plans
- Beautiful, sunny memory courtyard
- Access to care 24-hours per day
- Watermark University classes designed for residents with memory care needs
- Three nutritious, well-balanced meals each day
- Healthy and delicious snacks available at all times
- Small, friendly, Bed & Breakfast style setting

# BEST OF BOTH WORLDS

The Watermark at Rosewood Gardens offers town and country living at its best. Located just minutes from Historic Downtown Livermore, residents and their guests enjoy a wide variety of shopping, dining, culture and entertainment offerings. With its temperate microclimate, the fertile Livermore Valley is California's oldest wine region. Livermore is home to weekly farmer's markets, a beautiful recreational lake and a signature rodeo event. Less than an hour from San Francisco, Berkley, Oakland and San Jose, Livermore offers a more relaxed, less congested atmosphere, making it an ideal place to call home.



Founded in 1869, Livermore is California's oldest wine region with more than **40 WORLD-CLASS WINERIES**, including Wente

Considered part of the Tri-Valley area, Livermore (pop. 83,000) is home to **LAWRENCE LIVERMORE NATIONAL LABORATORY** and **SANDIA NATIONAL LABORATORY**

Livermore is the easternmost city of the Bay Area, located 45 miles from San Francisco, 75 miles from Napa Valley, 37 miles from Berkley and 33 miles from both Oakland and San Jose

Outdoor enthusiasts enjoy nearby **LAKE DEL VALLE**, offering outstanding camping, sailing, fishing and horseback riding

The annual **WINE COUNTRY FESTIVAL** in this valley attracts 150,000 attendees

The **PREMIUM OUTLET MALL** in Livermore is any shopper's paradise with 150 different name brand outlets including Bloomingdales, Barneys, Prada, and Saks Fifth Avenue

Golfers have their choice of **THREE GOLF COURSES** in Livermore, two of which are public

Located downtown, the intimately scaled **BANKHEAD THEATER** delivers outstanding live performances in opera, ballet and the symphony



Creating extraordinary communities where people **thrive**.



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