

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			STRENGTH & STRETCH RIDDLES SCENIC DRIVE 11:30 Lunch STORY TELLING SPIROGRAPH MAD LIBS REFRESHMENTS WORDS, WORDS, WORDS 4:30 Dinner MOVIE NIGHT	MOVE TO THE MUSIC BRAIN GAMES CURRENT EVENTS BOWLING 11:30 Lunch CLAY PINCH POTS REFRESHMENTS CHECKERS, CHESS & DOMINOS 4:30 Dinner SHORT STORIES MOVIES	MORNING STRETCH OLD WIVES TALES WHAT'S HAPPENING IN THE WORLD? ON THIS DAY IN HISTORY 11:30 LUNCH LET'S GET CREATIVE 2:30 HAPPY HOUR IN THE BIG LIVING ROOM FINISH THAT RHYME REFRESHMENTS 4:30 DINNER	MORNING EXERCISE ARM CHAIR TRAVEL 11:30 LUNCH ARTIST IMPRESSIONS LETS CREATE SHARING MEMORIES READING ROUND TABLE 4:30 DINNER MOVIE NIGHT
YOGA SUNDAY MORNING AFFIRMATIONS SCENIC DRIVE 11:30 LUNCH ST CHARLES MASS IN THE BIG LIVING ROOM WU/ FLEECE BLANKET MAKING HEALTH RHYTHMS ARTIST IMPRESSIONS 4:30 DINNER MOVIE NIGHT	MONDAY MORNING MOVEMENT BRAIN GAMES BINGO 11:30 LUNCH FLOWER ARRANGEMENTS AFTERNOON STROLL REFRESHMENTS GAMES,GAMES,GAMES 4:30 DINNER 5:30 MOVIE NIGHT	CHAIR EXERCISE VOLLEY BALL/KICK BALL CONVERSATION JENGA 11:30 LUNCH MIXED MEDIA ART PUZZLE TIME MID WEEK WORSHIP HOT COCOA AND CHIT CHAT 4:30 BACK YARD BAYOU OUTING 4:30 DINNER SHORT STORIES 5:30 MOVIE NIGHT	STRENGTH & STRETCH RIDDLES SCENIC DRIVE 11:30 Lunch STORY TELLING SPIROGRAPH MAD LIBS REFRESHMENTS WORDS, WORDS, WORDS 4:30 Dinner MOVIE NIGHT	MOVE TO THE MUSIC BRAIN GAMES CURRENT EVENTS BOWLING 11:30 Lunch CLAY PINCH POTS REFRESHMENTS CHECKERS, CHESS & DOMINOS 4:30 Dinner SHORT STORIES MOVIES	MORNING STRETCH OLD WIVES TALES WHAT'S HAPPENING IN THE WORLD? ON THIS DAY IN HISTORY 11:30 LUNCH LET'S GET CREATIVE 2:30 HAPPY HOUR IN THE BIG LIVING ROOM FINISH THAT RHYME REFRESHMENTS 4:30 DINNER	MORNING EXERCISE ARM CHAIR TRAVEL 11:30 LUNCH ARTIST IMPRESSIONS LETS CREATE SHARING MEMORIES READING ROUND TABLE 4:30 DINNER MOVIE NIGHT
6	7	8	9	10	11	12
YOGA SUNDAY MORNING AFFIRMATIONS SCENIC DRIVE 11:30 LUNCH ST CHARLES MASS IN THE BIG LIVING ROOM WU/FLEECE BLANKET MAKING 2:30 ICE CREAM SOCIAL HEALTH RHYTHMS ARTIST IMPRESSIONS 4:30 DINNER MOVIE NIGHT	MONDAY MORNING MOVEMENT BRAIN GAMES BINGO 11:30 LUNCH FLOWER ARRANGEMENTS AFTERNOON STROLL REFRESHMENTS GAMES,GAMES,GAMES 4:30 DINNER 5:30 MOVIE NIGHT	CHAIR EXERCISE VOLLEY BALL/KICK BALL CONVERSATION JENGA 11:30 LUNCH MIXED MEDIA ART PUZZLE TIME MID WEEK WORSHIP HOT COCOA AND CHIT CHAT 4:30 DINNER SHORT STORIES 5:30 MOVIE NIGHT	STRENGTH & STRETCH RIDDLES SCENIC DRIVE 11:30 Lunch STORY TELLING SPIROGRAPH MAD LIBS REFRESHMENTS WORDS, WORDS, WORDS 4:30 Dinner MOVIE NIGHT	MOVE TO THE MUSIC BRAIN GAMES CURRENT EVENTS BOWLING 11:30 Lunch CLAY PINCH POTS REFRESHMENTS CHECKERS, CHESS & DOMINOS 4:30 Dinner 6:00 PM SMORES & SHORT STORIES MOVIES	MORNING STRETCH OLD WIVES TALES WHAT'S HAPPENING IN THE WORLD? ON THIS DAY IN HISTORY 11:30 LUNCH LET'S GET CREATIVE 2:30 HAPPY HOUR IN THE BIG LIVING ROOM FINISH THAT RHYME REFRESHMENTS 4:30 DINNER	MORNING EXERCISE ARM CHAIR TRAVEL 11:30 LUNCH ARTIST IMPRESSIONS LETS CREATE SHARING MEMORIES READING ROUND TABLE 4:30 DINNER MOVIE NIGHT
13	14	15	16	17	18	19
YOGA SUNDAY MORNING AFFIRMATIONS SCENIC DRIVE 11:30 LUNCH ST CHARLES MASS IN THE BIG LIVING ROOM WU/FLEECE BLANKET MAKING HEALTH RHYTHMS ARTIST IMPRESSIONS 4:30 DINNER MOVIE NIGHT	MONDAY MORNING MOVEMENT BRAIN GAMES BINGO 11:30 LUNCH FLOWER ARRANGEMENTS AFTERNOON STROLL REFRESHMENTS GAMES,GAMES,GAMES 4:30 DINNER 5:30 MOVIE NIGHT	CHAIR EXERCISE VOLLEY BALL/KICK BALL CONVERSATION JENGA 11:30 LUNCH MIXED MEDIA ART PUZZLE TIME MID WEEK WORSHIP HOT COCOA AND CHIT CHAT 4:30 DINNER SHORT STORIES 5:30 MOVIE NIGHT	STRENGTH & STRETCH RIDDLES SCENIC DRIVE 11:30 Lunch STORY TELLING SPIROGRAPH MAD LIBS REFRESHMENTS WORDS, WORDS, WORDS 4:30 Dinner MOVIE NIGHT	MOVE TO THE MUSIC BRAIN GAMES CURRENT EVENTS BOWLING 11:30 Lunch CLAY PINCH POTS REFRESHMENTS CHECKERS, CHESS & DOMINOS WILD, WILD WEST DINNER PARTY 4:30 Dinner 6:00 PM SINGING IN THE RAIN OUTING	MORNING STRETCH OLD WIVES TALES WHAT'S HAPPENING IN THE WORLD? ON THIS DAY IN HISTORY 11:30 LUNCH LET'S GET CREATIVE 2:30 HAPPY HOUR IN THE BIG LIVING ROOM FINISH THAT RHYME REFRESHMENTS 4:30 DINNER	MORNING EXERCISE ARM CHAIR TRAVEL 11:30 LUNCH ARTIST IMPRESSIONS LETS CREATE SHARING MEMORIES READING ROUND TABLE 4:30 DINNER MOVIE NIGHT
20	21	22	23	24	25	26
YOGA SUNDAY MORNING AFFIRMATIONS SCENIC DRIVE 11:30 LUNCH ST CHARLES MASS IN THE BIG LIVING ROOM WU/FLEECE BLANKET MAKING HEALTH RHYTHMS ARTIST IMPRESSIONS 4:30 DINNER MOVIE NIGHT	MONDAY MORNING MOVEMENT BRAIN GAMES BINGO 11:30 LUNCH FLOWER ARRANGEMENTS AFTERNOON STROLL REFRESHMENTS GAMES,GAMES,GAMES 4:30 DINNER 5:30 MOVIE NIGHT	CHAIR EXERCISE VOLLEY BALL/KICK BALL CONVERSATION JENGA 11:30 LUNCH MIXED MEDIA ART PUZZLE TIME MID WEEK WORSHIP HOT COCOA AND CHIT CHAT 4:30 DINNER SHORT STORIES 5:30 MOVIE NIGHT	STRENGTH & STRETCH RIDDLES SCENIC DRIVE 11:30 Lunch STORY TELLING SPIROGRAPH MAD LIBS REFRESHMENTS WORDS, WORDS, WORDS 4:30 Dinner MOVIE NIGHT	MOVE TO THE MUSIC BRAIN GAMES CURRENT EVENTS BOWLING 11:30 Lunch CLAY PINCH POTS REFRESHMENTS CHECKERS, CHESS & DOMINOS 4:30 Dinner SHORT STORIES MOVIES		
27	28	29	30	31		
JANUARY BIRTHDAYS 10 JOE WELSH 13 BOB WITHERSPOON 24 BOBBIE JOHNSON				ACTIVITY LOCATOR KEY	NOTE- GARDENS ACTIVITIES ARE SUBJECT TO CHANGE DUE TO THE NATURE OF MEMORY CARE.	
<h1>JANUARY 2019</h1> <p>GARDENS</p>						